



mydeen

THE COMPLETE WAY OF LIFE

Volume 2. Issue II  
ONLINE EDITION

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# mydeen

THE COMPLETE WAY OF LIFE

Assalam Alaikum warahmatuLlahi Wabarakatuh.  
There is an urgent appeal to revive an Islamic founded magazine that was launched end of 2009 and has been shelved since 2012 after the 8th issue.

MyDeen magazine was established to promote awareness about Islam since its the complete way of life and to encourage Muslims to practice their Deen. It will be a vessel to inform the public about Islamic principles in everyday life and to actively interact with one another so as to empower the communities we live in economically, socially and spiritually.

We need to generate income to sustain the magazine and leave a beneficial legacy for any strategic alliances we partner with.

Our content delivery will focus on akhlaq (good mannerisms ) and steer clear of controversial issues plus focus on diversity and inclusion.

We are excited to partner with MyDeen kids from Canada that has been successfully engaging kids for the last 7 years and still going strong .

We shall localize their content and ride on their success. This will ensure continuity and relevance in distributing the magazine in schools & to parents. Bi idhni Rahman.



The founding members who still have the good will but will not be actively involved except Zuhra Mulumba include Imaam Kasozi, Jamil Sewanyana, Umar Kakonge, Musa Senyonga, Zahra Muhammed, Zaitun Saad and Hafiz Ndaula(R. I. P.) Allahu Ghafuru Rahim

Our value proposition is Functionality/Relevance;  
Monetary/Profitability;  
Social responsibility;  
Psychological/Sadakatul jaria; etc.  
These will have to be expounded on in an open discussion to get a buy in from our partners as time goes by.  
Ure cordially invited to be part of MyDeen Magazine.  
May Allah Facilitate



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# The Quran Reflect Series

"If Allah were to punish people immediately, for what they have committed, He would not have left a single living being on earth. But He delays them for an appointed term. And when their time arrives, then surely Allah is All-Seeing of His servants. Faatir 35:45

## "Al-Sabur: The Patient



"If Allah were to punish people 'immediately' for what they have committed, He would not have left a single living being on earth. But He delays them for an appointed term. And when their time arrives, then surely Allah is All-Seeing of His servants." Faatir 35:45

### "Al-Sabur: The Patient

Most parents are lovingly patient even when their child is slow to walk. Allah (swt) is far above any analogy, but to bring the message home, this is Allah (swt) with us. He is al-Sabur. He is not quick to punish the heedless or even the sinful, and He is not impatient with those of us who are slowly but surely on the path. He is patient when we stray, and makes the path still open to us when we come back. There is a beautiful wisdom in the statement of the Prophet ﷺ (peace be upon him): "The best actions are

those which are small and consistent," [Bukhari & Muslim]. It is better than what is grand yet inconsistent, and eventually fades away.

To me, this epitomizes Allah's attribute of patience. He is not asking you to be super Muslim in a day and a night. He does not mind that you take small steps to build yourself. We know the opposite: You take one step and He comes to you at speed. The Prophet ﷺ reminds us to "Do those deeds which you can do easily, as Allah (swt) will not get tired (of giving rewards) till you get bored and tired (of performing religious deeds)," [Bukhari]. He does not get bored with waiting for us to get our acts together. He is patient. The frustration that you feel with yourself that makes you give up is from Shaytan (Satan)—he makes you impatient with yourself, whereas Allah (swt) is patient with you. We should remain steadfast with the obligatory, and then add from the voluntary what we can.

Some steps:

1- Make a specific goal.

Been missing out on your prayers? Always wanted to memorize Qur'an? Parts of your character that need improving? Maybe your relationship with your loved ones needs to be fixed?

Make the intention, formulate a specific and achievable goal, and then take the steps towards it. You should be able to visualize it. Start really small if you need to. If you get bored or simply tired and want to give up, remind yourself that Allah (swt) is patient with you. If you are sincerely working, He will not rush you, because you are doing what you can and your goal is consistency. An extra day of life that Allah (swt) gives you is to push through, insha' Allah (God willing). So persevere a little more.

2- Know yourself.

It may seem odd to have this as a point in knowing Allah (swt). But in order to set the right goals and in order to see Allah's manifestation of His attributes, we need to know ourselves. When you know yourself, you will actually be able to see how patient Allah (swt) has been with you throughout your life, and truly appreciate His patience and forbearance with

you. You will be able to go to the root of why you do things and make the decision to become better, insha' Allah.

3- Be patient with other people.

Patience is an internal state that has outward implications. The Prophet Muhammad ﷺ tells us: "Whoever curbs his anger, while being able to act, Allah will fill his heart with certainty of faith," [Bukhari]. If Allah (swt) can be patient with us despite all that we do, who are we not to be patient?

4- Be patient with yourself. Be patient with results.

Remember that the things that are truly of worth can sometimes be the most difficult to achieve, and this why patience is so crucial. Patience is to persevere with God-consciousness despite the odds. As the Prophet ﷺ tells us, "Whoever persists in being patient, God will make him patient. Nobody can be given a blessing better and greater than patience," [Bukhari]. Patience is the key to that long road to a result that is noble. The Prophet ﷺ also tells us, "And know that victory comes with patience, relief with affliction, and ease with hardship," (Tirmidhi)."





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# Fasting in Muharram



Narrated Ibn `Umar (RA): The Prophet (ﷺ) observed the fast on the 10th of Muharram ('Ashura), and ordered (Muslims) to fast on that day, but when the fasting of the month of Ramadan was prescribed, the fasting of the 'Ashura' was abandoned. `Abdullah (RA) did not use to fast on that day unless it coincided with his routine fasting by chance.

(Sahih al-Bukhari 1892, Book 30, Hadith 2)

The Day of Ashura falls on the 10th of Muharram. Are you ready?

The month of Muharram is special and holds many virtues. Learn about this blessed month and its first 10 days .

## Today's Beautiful Hadith is about Fasting in Muharram

Muslim reported from Abu Hurayra (Allah be pleased with him), that the Prophet (Allah bless him and give him peace) said , "The best of fasts after the month of Ramadan are in the Month of Allah, which you call Muharram. And the best of prayer after the obligatory prayer is the night prayer." [Muslim, 1163]

This refers to general voluntary fasts according to Imam Ibn Rajab (Allah have mercy on him): These are best in the month of Muharram, just as the best general voluntary prayer is night prayer.

The virtue and honor of this month can be attested to by the fact that the Prophet (Allah bless him and give him peace) called it, "the Month of Allah." (Shahr Allah) Such ascription is only made by Allah to the most special of His creation, such as the ascription of the Prophets Muhammad, Ibrahim, Ishaq, Ya`qub, and others to his slavehood (Allah's peace and blessings be on them all), and His ascription of the House (Ka`ba) and the camel to himself.

Given that Allah ascribed fasting, between all spiritual works, to Himself [saying, "It is Mine,"] it was suitable that this month, which is also ascribed to Allah, be selected for this particular form of worship.

Fasting is a secret between the servant and his Lord. This is why Allah Mighty and Exalted says, [in the divine hadith (hadith qudsi)], "Every action of the son of Adam is his, except for fasting. It is Mine, and it is I who reward it." [Bukhari and Muslim, from Abu Hurayra]

The Prophet (Allah bless him and give him peace) also said, "The fasting person has two joys: one when he breaks his fast, and the other when he meets his Lord." [Muslim]

## Night Prayer

superior to voluntary prayer during the day because it is closer to secrecy, and nearer to sincerity (ikhlas).

Allah Most High said, "Lo! the vigil of the night is (a time) when impression is more keen and speech more certain." [Qur'an, 73.9]

This is because the time of the night vigil (tahajjud) is the best of times for voluntary prayer, and the closest a servant gets to his Lord. It is a time when the doors of the skies are opened, supplications answered, and needs fulfilled.

Allah Most High has praised those who wake up at night in His remembrance, supplication, seeking forgiveness, and intimate entreating (munajat), saying, "Who forsake their beds to cry unto their Lord in fear and hope, and spend of that We have bestowed on them. No soul knows what is kept hid for them of joy, as a reward for what they used to do." [Qur'an, 32.16-17]

And, "Or he who pays adoration in the watches of the night, prostrate and standing, beware of the Hereafter and hoping for the mercy of his Lord? Say: Are those who know equal with those who know not? But only those of understanding will pay heed." [Qur'an, 39.9]

And He said to His Prophet (Allah bless him & give him peace), "And some part of the night awake for it, as voluntary worship for you. It may be that thy Lord will raise thee to a praised estate." [Qur'an, 17.79]

It has been said that those who worship at night will enter Paradise without reckoning, and that standing in night prayer shortens the length of one's Standing on the Day of Judgment.

This is why the Prophet (Allah bless him & give him peace) said, "Stick to night prayer, for it was the way of the righteous before you. Night prayer is a means of closeness to Allah Most High, of expiating for bad deeds, avoiding sins, and keeping away illness from one's body." [Tirmidhi (3543), Bayhaqi, and others; it is a sound (hasan) hadith]

Similarly, it has been related that fasting is a means for good health. The Prophet (Allah bless him & give

him peace) is reported to have said, "Fast, and you shall have good health." [Ahmad, from Abu Hurayra]

And during a part of the night, pray Tahajjud beyond what is incumbent on you; maybe your Lord will raise you to a position of great glory.

And say: My Lord! make me to enter a goodly entering, and cause me to go forth a goodly going forth, and grant me from near Thee power to assist (me).

The Day of `Ashura: The Tenth of Muharram

It is mentioned in Bukhari and Muslim from Ibn Abbas (Allah be pleased with him and his father) that he was asked about fasting the Day of `Ashura [10th of Muharram]. He said, "I did not see the Messenger of Allah (blessings and peace be upon him) fast a day while more avid to seek its virtue than this day," [meaning the Day of `Ashura]. [Bukhari (2006), and Muslim (1132)].

The Day of `Ashura has great virtue, and tremendous sanctity (hurma). The virtue of fasting it was known among the Prophets (peace be upon them all). Both Prophet Nuh and Prophet Musa (peace be upon them both) fasted it.

The Prophet (Allah bless him & give him peace) used to fast this day even in Mecca, though he had not yet ordered others to do so, as mentioned in both Bukhari and Muslim. [Bukhari (2002), Muslim (1125)]

When he migrated to Medina, and found the People of the Book fasting this day and venerating it, he ordered the Muslims to fast it, and encouraged it so much that even the children would fast it.

It has been reported in both Bukhari and Muslim from Ibn Abbas (Allah be pleased with him), that, When the Messenger of Allah (blessings and peace be upon him) reached Medina, he found the Jews fasting the Day of `Ashura, so he asked them, "What is this day you are fasting?" They said, "This is a tremendous day. Allah saved Musa and his people on this day and drowned Pharaoh and his people. Musa fasted it out of thanks, so we fast it too." The Messenger of Allah (blessings and peace be upon him) said, "And we are more deserving of Musa than you are." So he fasted this day, and ordered that it be

fasted. [Bukhari (2004) and Muslim (1130)]

At the end of his life, the Messenger of Allah (blessings and peace be upon him) made the determination not to fast this day alone, but with another day [f: either before or after it], in order to be different from the People of the Book.

It has been reported in the Sahih of Imam Muslim (Allah have mercy on him), also from Ibn Abbas (Allah be pleased with him) that, "When the Messenger of Allah (blessings and peace be upon him) fasted the Day of `Ashura and ordered his companions to fast it, they said, 'O Messenger of Allah! This is a day that the Jews and Christians venerate.' So the Messenger of Allah (blessings and peace be upon him) said, 'When next year comes - if Allah wills - we will fast the Ninth [of Muharram with it].' But the next year did not come before the Messenger of Allah (blessings and peace be upon him) passed away." [Muslim (1134), Abu Dawud (2445)]

And it is reported in the Musnad of Imam Ahmad

(Allah have mercy on him), from Ibn Abbas (Allah be pleased with him) that the Prophet (Allah bless him and give him peace) said, "Fast the Day of `Ashura" and be different from the Jews by fasting a day before it or a day after it." [Ahmad]

#### Giving in Charity on the Day of `Ashura

It has been reported from Abd Allah ibn `Amr ibn al-`As (Allah be pleased with him), that "Whoever fasts `Ashura, it is as if he has fasted the entire year. And whoever gives charity this day it is like the charity of an entire year."

#### Some of the Virtues of the Day of `Ashura

It is a day in which Allah forgave an entire people. Tirmidhi relates that the Prophet (Allah bless him and give him peace) said to a man, "If you want to fast a month after Ramadan, then fast Muharram, for it has a day in which Allah forgave an entire people, and He turns to others in repentance in." [Tirmidhi (841)]

And Allah alone gives success.

Thank you for reading and have a blessed day, say Alhamdulillah before you leave and gain some rewards!

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# MUHARRAM 1445

## 6 Days Fasting

The Prophet ﷺ said : “For fasting the day ‘Ashura’, I hope that Allah will accept it as expiation for the year that went before.” (Muslim)

THURSDAY

27

JULY

9 Muharram  
Day Before

FRIDAY

28

JULY

10 Muharram  
Ashura Day

SATURDAY

29

JULY

11 Muharram  
Day After

MONDAY

31

JULY

13 Muharram  
White Day

TUESDAY

01

AUGUST

14 Muharram  
White Day

WEDNESDAY

02

AUGUST

15 Muharram  
White Day

S4JF is a Uganda-based relief and development Muslim charity established in March 2016 driven by the Islamic teachings of empathy, generosity, and selflessness.

We are dedicated to performing ongoing charity for local communities in need. Our mission is to improve the lives of individuals through various projects in the fields of health, education, the supply of basic necessities, and empowerment.

We strive to help those in need regardless of religion, race, tribe, and geographical location. We are grateful to Allah for blessing us with the opportunity to support orphaned children and make a positive impact on our community.

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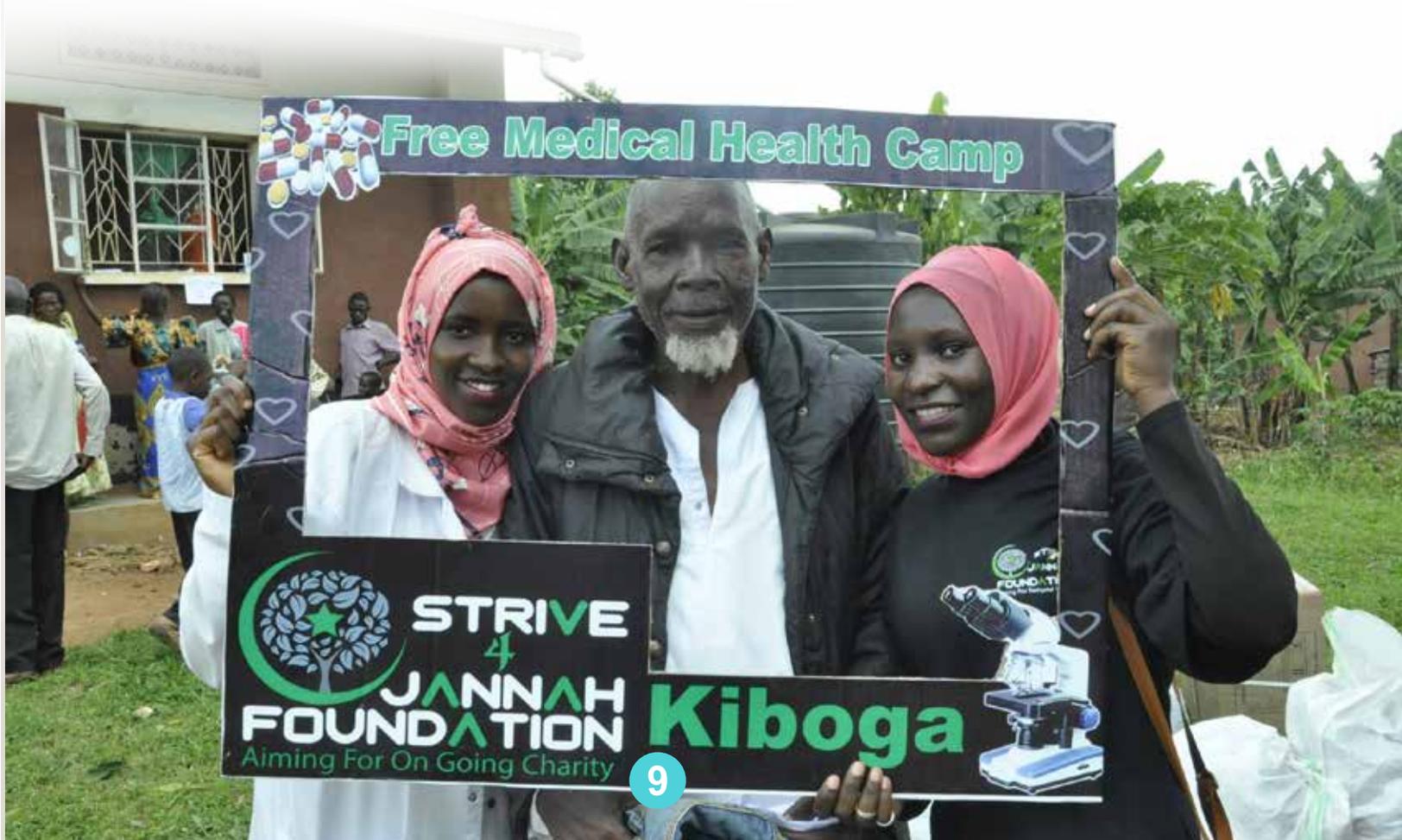
To restore hope and dignity among the less privileged communities in Uganda.

#### **Our Mission**

To improve livelihoods of the less privileged people in communities of Uganda.

To be an organization that reflects the Muslim view and enjoys strong support throughout Uganda society by proving its worth and adhering to Islamic principles and values.

To be an organization that reflects the diversity of the Muslim community and leads the way in promoting





and defending Islam. In addition, we aim to develop a constructive and mutually beneficial relationship with the wider non-Muslim community whilst remaining true to Islam and its noble principles.

To be an organization that supports charitable work in its wide spheres, beginning with local issues like helping to build mosques, helping to spread Islam through Qur'an and Islamic books distribution, homelessness, food distribution, supporting the vulnerable young and old, etc., and extending to national projects like health care.

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## Contacts

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Web: [www.strive4jannahfoundation.org](http://www.strive4jannahfoundation.org)

# Success



**Success demands these 6 things..**  
(The Secret Formula)

**1. Hard Work**

Don't believe in luck, believe in hard work. Stop trying to rush the process or searching for a short-cut.

There is none.

**2. Patience**

If you are losing the patience, you are losing the battle. First nothing happens, then it happens slowly and suddenly all at once.

Most people give up at stage one.

**3. Sacrifice**

If you don't sacrifice for what you want, then what you want becomes the sacrifice.

Everything has its price. The question is: Are you ready to pay it for the life you desire?

**4. Consistency**

Consistency is what transforms average into excellence.

Without consistency, you will never achieve greater success.

**5. Discipline**

Motivation gets you going, but discipline keeps you growing.

There will be days when you don't "feel" like doing it.

You have to push through those days regardless of how you feel.

**6. Self Confidence**

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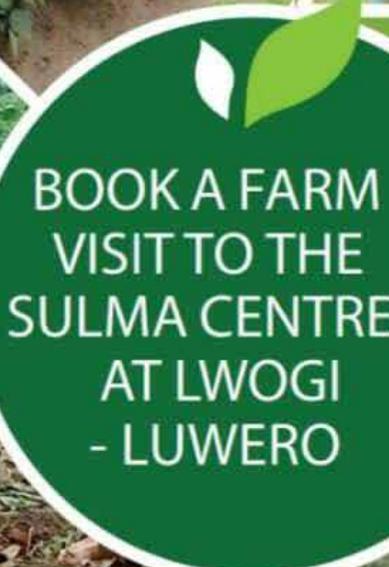
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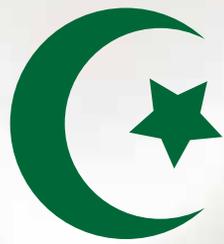
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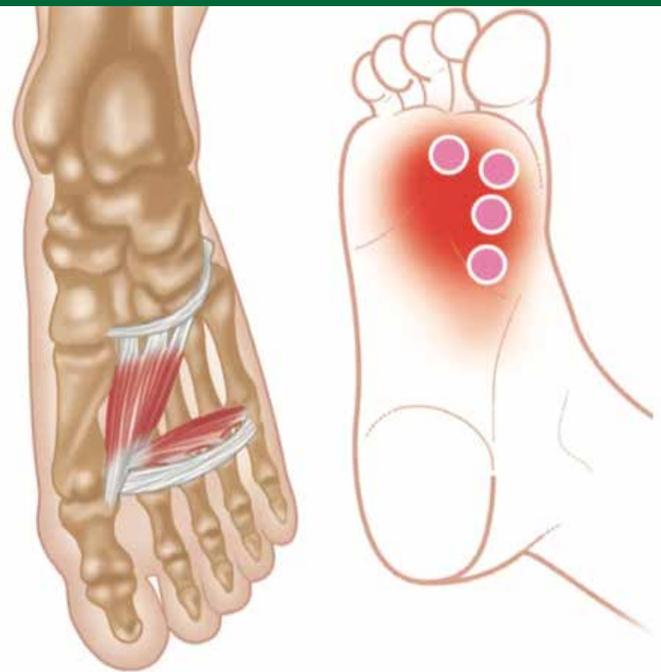
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# Advertising Rates

## OUR MISSION:

My Deen Magazine has an objective of propagating Islamic education (Dawa), e.g Islamic Banking while explicitly being current on matters concerning our daily lives with elaborate social, environmental and economical content, as guided by the Quran and hadith and targets to reach over 50% of the Islamic population across East Africa. This mission fits with our tagline 'the complete way of life'.

Our proposition for you is 'Stand out in the crowd'. This is a lesson that has been taught for decades and helped shape most successful business in the world.

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